

Scheduled Classes 2026

082825

Date	Subject (Core/Elective)	Prerequisites	Date	Subject (Core/Elective)	Prerequisites
1/2-2/3	Traditional Thai Massage on the Mat (96 hrs)	none	7/6-16	Therapeutic Massage Level 3 (52 hrs)	TM2
1/6-9	Geriatric (Elderly) Massage (16 hrs)	TM1	7/18-19	IASTM Instr. Ass. Soft Tissue Mobilization (16 hrs)	TM2, B&M
1/10	Death Doula Certification (8 hrs)	none	7/24	Stand Your Ground – Legs & Feet (8 hrs)	TM1, B&M
1/10	Proprioceptive Neuromuscular Facilitation (8 hrs)	TM1	7/25-26	Rock to Relax: Rebalancing (16 hrs)	none
1/11-15	European Spa Specialties (24 hrs)	TM1	7/30	Cupping: Myofascial Decompression (8 hrs)	by permission
1/20-30	Therapeutic Massage Level 1 (52 hrs)	none	7/31-8/22	Business, Marketing & Chair Massage (56 hrs)	by permission
1/23	Ease the Load – Shoulders (8 hrs)	TM1, B&M	8/5-14	Clinical Aromatherapy & Massage (48 hrs)	TM1 by permission
1/30	Embracing Life – Arms, Wrists, Hands (8 hrs)	TM1, B&M	8/15-16	Rock to Relax: Pulsing (16 hrs)	none
2/3-13	Therapeutic Massage Level 2 (52 hrs)	TM1	8/23-31	Myofascial Therapy (48 hrs)	TM1, B&M
2/14-15	Sea Shell Massage (16 hrs)	TM1	9/1	I've Got Your Back – Spec. Back Techn. (8 hrs)	TM1, B&M
2/16-25	Acupressure (48 hrs)	none	9/2-10/7	Anatomy: Bones & Muscles (48 hrs)	none
2/26-3/17	Anatomy: Bones & Muscles (48 hrs)	none	9/4	Crazy Good Neck Work – Version II (8 hrs)	TM1&2, B&M
2/28-3/1	Oncology & Critical Care Massage (16 hrs)	TM1&2, Phys, Path	9/5-7	Craniosacral Therapy Level 1 (24 hrs)	Level 1
3/6-9	Bamboo Massage (24 hrs)	TM1, B&M	9/8-18	Therapeutic Massage Level 1 (52 hrs)	none
3/10	Active Isolated Stretching (8 hrs)	TM1	9/14	Move Freely – Hips & Pelvis (8 hrs)	TM1&2, B&M
3/14-15	Thai Herbal Spa (16 hrs)	none	9/19-20	Hot Stone Reflexology (16 hrs)	none
3/18-27	Positional Release Therapy (48 hrs)	TM1, B&M	9/25-10/3	Lymphatic Drainage Massage (48 hrs)	none
3/24	Crazy Good Neck Work – Version I (8 hrs)	TM1&2, B&M	10/5	Relax – Ear & Hand Reflexology (8 hrs)	none
3/28-30	SansHandsFlow Massage (24 hrs)	TM1	10/8-11	Clinical Hydrotherapy (24 hrs)	TM1
3/31-4/4	Trauma Informed Somatic Touch (24 hrs)	none	10/12-22	Therapeutic Massage Level 2 (52 hrs)	TM1
4/5-24	Physiology (56 hrs)	none	10/15-18	Barefoot Bars Deep Tissue (32 hrs)	by permission
4/9-12	Neuromuscular Therapy (24 hrs)	TM1, B&M	10/23-26	Hot Stone LomiLomi (24 hrs)	TM1
4/17	Your Crown & Glory: Head Massage (8 hrs)	none	10/27-12/1	Physiology (56 hrs)	none
4/18-19	Ayurvedic Shirodhara (16 hrs)	none	10/30-11/7	Maternity & Infant Massage (48 hrs)	TM1
4/22	Crystal Radiance: Massage w/Gem Stones (8 hrs)	TM1 recommended	11/8-10	Reiki Master Course (16 hrs)	Reiki Intensive
4/25-26	Hospice Massage (16 hrs)	TM1	11/14-15	Sound Infused Massage Therapies (16 hrs)	TM1
4/27-5/6	Foot Reflexology (48 hrs)	none	11/19-22	Thai Foot Massage (24 hrs)	none
5/7-6/4	Kinesiology (52 hrs)	B&M	11/30	Himalayan Salt Stone Massage (8 hrs)	TM1
5/11-21	Therapeutic Massage Level 1 (52 hrs)	none	12/2-11	Deep Tissue Massage (48 hrs)	TM1, B&M
5/13	Intuitive Hands-On Energy Work (8 hrs)	by permission	12/12-13	Premier Spa Indonesia (16 hrs)	TM1 or equivalent
5/22	Soothing Belly Work – Abdominal Massage (8 hrs)	TM1, Phys	12/14-23	Hot & Cold Stone Therapy (48 hrs)	TM1
5/23-6/22	Clinical Sports (Orthopedic) Massage (96 hrs)	TM1, B&M			
5/30-31	Fusion 16 (16 hrs)	TM1&2, B&M			
6/5	Dreamy Face Sequence (8 hrs)	none			
6/8-18	Therapeutic Massage Level 2 (52 hrs)	TM1			
6/23-26	Reiki Intensive (Equivalent of Level 1 & 2) (16 hrs)	none			
6/27-29	Thai Massage on the Table (24 hrs)	none			
6/30-7/29	Pathology (44 hrs)	Physiology			

We offer: **Morning Hours Mo-Fr** - **Evening & Weekend Hours** - **Combination Hours**

FREE informational private tours and consultations by appointment: 515-727-4890